



# MDF

## Afrique Centrale

### Training & Consultancy

## [PLP-e-AC] - Programme Planning from a Livelihood Perspective

### Planning for Emergency, Recovery, and Development in vulnerable environments: a five-day introductory course

The ability to successfully design programmes that contribute to sustainable progress in the protection and restoration of livelihoods in vulnerable environments requires a sound understanding of how livelihoods function. This focus of this course is to envision how livelihoods can be better protected during periods of crisis, as well as how they can be better re-established during periods of post-crisis recovery.

#### Course objectives

The course will be both theoretically and practically oriented. At the end of the week participants will have gained knowledge and skills on:

- The general principles of a livelihood approach in programme planning
- The functioning of livelihoods
- Ways to assess livelihood vulnerability including assessment methodology and tools.
- The different types of modalities in protecting livelihoods



#### Training method

Experience based and participatory methods, lectures, case studies, practical exercises and discussions.

#### Course outline

**Day 1:**  
Introduction to the course  
Introduction to a livelihood approach  
Livelihood models currently in use and the functioning of livelihoods in rural Africa

**Day 2:**  
Understanding vulnerability and its impact on livelihoods  
Assessment and analysis of vulnerability : methods and tools  
Livelihood monitoring: SMART indicators

**Day 3:**  
Causes and triggers of livelihood failure in an emergency cycle  
The role of contingency planning in preventing decline during stress<sup>1</sup>

**Day 4:**  
Entitlement concepts for protecting livelihoods  
Planning for interventions linked to the emergency cycle:  
Pre-emergency, emergency and recovery phase

**Day 5:**  
Planning for interventions linked to the emergency cycle  
Personal development plan, evaluation of course and closure

*The same course in French will take place on July 19-23, 2010 in Goma (DRC).*

#### Participants

Government, NGO and UN staff with responsibilities in programme planning and management in vulnerable areas in central, eastern and north eastern parts of Africa and private sector consultants who wish to become more familiar with livelihood practices.

#### Practical information

Course dates	June 14-18, 2010 October 4 - 8, 2010
Venue	Nairobi, Kenya
Fees	795 Euro including lunch and coffee breaks, excluding accomodation, transport and other living costs
Information, admissions and applications	mdfac@mdfac.org
<b>www.mdf.nl/mdf-ac</b>	

